

FEBRUARY 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
9:00 am Exercise DVD 1	9:00 am Bid Euchre	9:00 am Exercise DVD 2	9:30 am Strummers Practice	9:00 am Exercise DVD
10:00 am Strength Training DVD	9:00 am Walking DVD	9:15 am Billiard Tournament	10:00 am Organized Billiards	9:30 am Improve Your Balance
11:30 am Exercise with Brian	9:00 am Continuing Tai Chi \$	9:30 am Mah Jong	10:30 am Drums Alive Golden Beats \$	10:00 am Strength Training DVD
1:00 pm Hase - Euchre	10:00 am Art Class	10:00 am Strength Training DVD	11:45 am Wellness Checks	10:00 am French Class
1:15 pm Bridge Lessons	10:15 am Beginner Tai Chi \$	11:30 am Exercise with Brian	12:00 pm Lunch	10:00 am Card Making Class
1:30 pm Line Dancing	10:30 am Senior Chair Yoga	12:30 pm Bridge	12:30 pm Birthday Cake	11:30 am Exercise with Brian
4:00 pm Yoga \$	12:00 pm Lunch	1:00 pm Corn Hole	1:00 pm Bingo	1:00 pm Euchre
	1:00 pm Organized Billiards	2:00 pm Dominoes	***1:00-2:30 pm GCCOA Assistance***	6:00 pm GAME NIGHT \$
	1:30 pm Zumba® Gold \$ <i>(Cancelled)</i>	5:30 pm Senior Circuit \$	2:00 pm Knitting Class	
			4:00 pm QiGong DVD	
10	11	12	13	14
9:00 am Exercise DVD 1	9:00 am Bid Euchre	9:00 am Exercise DVD 2	9:30 am Strummers Practice	9:00 am Exercise DVD
9:00 am Red Shirt Guys	9:00 am Walking DVD	9:15 am Billiard Tournament	10:00 am Organized Billiards	9:30 am Improve Your Balance
10:00 am Strength Training DVD	9:00 am Continuing Tai Chi \$	9:30 am Mah Jong	10:30 am Drums Alive Golden Beats \$	10:00 am Strength Training DVD
10:00 am Ageless Grace Demo Day	10:00 am Art Class	10:00 am Strength Training DVD	12:00 pm Lunch	10:00 am French Class
11:30 am Exercise with Brian	10:15 am Beginner Tai Chi \$	11:30 am Exercise with Brian	1:00 pm Movie	10:00 am Family Quest
12:00 pm Red Hat Hotties	10:30 am Senior Chair Yoga	12:30 pm Bridge	2:00 pm Knitting Class	11:30 am Exercise with Brian
1:00 pm Hase - Euchre	12:00 pm Lunch	1:00 pm Corn Hole	4:00 pm QiGong DVD	12:30 pm VALENTINE CELEBRATION \$
1:15 pm Bridge Lessons	12:00 pm Tech Tips	2:00 pm Dominoes		1:00 pm Euchre
1:30 pm Line Dancing	1:00 pm Organized Billiards	5:30 pm Senior Circuit \$		
4:00 pm Yoga \$	1:30 pm Zumba® Gold \$ <i>(Cancelled)</i>			
17	18	19	20	21
SENIOR CENTER CLOSED	9:00 am Bid Euchre	9:00 am Exercise DVD 2	9:30 am Strummers Practice	9:00 am Exercise DVD
	9:00 am Walking DVD	9:15 am Billiard Tournament	10:00 am Organized Billiards	9:30 am Improve Your Balance
	9:00 am NO Continuing Tai Chi \$	9:30 am Mah Jong	10:30 am Drums Alive Golden Beats \$	10:00 am Strength Training DVD
	10:00 am Bunco	10:00 am Strength Training DVD	11:45 am Wellness/Hearing Checks	10:00 am French Class
	10:00 am Art Class	11:30 am Exercise with Brian	12:00 pm Lunch	11:30 am Exercise with Brian
	10:15 am NO Beginner Tai Chi \$	12:30 pm Bridge	1:00 pm Bingo	11:30 am GCCOA A SLICE OF KNOWLEDGE
	10:30 am Senior Chair Yoga	1:00 pm Corn Hole	***1:00-2:30 pm GCCOA Assistance***	LUNCH & LEARN
	12:00 pm Lunch	2:00 pm Dominoes	2:00 pm Knitting Class	1:00 pm Euchre
	1:00 pm Organized Billiards	5:30 pm Senior Circuit \$	4:00 pm QiGong DVD	1:00 pm Warm Up America
	1:30 pm NO Zumba® Gold \$			
24	25	26	27	28
9:00 am Exercise DVD 1	9:00 am Bid Euchre	9:00 am Exercise DVD 2	<i>9:00 am to 7:00 pm Shredding Day</i>	9:00 am Exercise DVD
10:00 am Strength Training DVD	9:00 am Walking DVD	9:15 am Billiard Tournament	9:30 am Strummers Practice	9:30 am Improve Your Balance
10:00 am Ageless Grace	9:00 am Continuing Tai Chi \$	9:30 am Mah Jong	10:00 am Organized Billiards	10:00 am Strength Training DVD
11:30 am Exercise with Brian	10:00 am Art Class	10:00 am Strength Training DVD	10:30 am Drums Alive Golden Beats \$	10:00 am French Class
1:00 pm Hase - Euchre	10:15 am Beginner Tai Chi \$	11:30 am Exercise with Brian	12:00 pm Lunch	11:30 am Exercise with Brian
1:15 pm Bridge Lessons	10:30 am Senior Chair Yoga	12:30 pm Bridge	1:00 pm Book Club	1:00 pm Euchre
1:30 pm Line Dancing	12:00 pm Lunch	1:00 pm Corn Hole	2:00 pm Knitting Class	
4:00 pm Yoga \$	12:00 pm Tech Tips	2:00 pm Dominoes	4:00 pm QiGong DVD	
	1:00 pm Organized Billiards			
	1:30 pm NO Zumba® Gold \$	5:30 pm Senior Circuit \$		

\$ - Denotes that the event/activity/class has a fee associated with it. Stop by the front desk to register.