


JANUARY 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	<p>CALENDAR UPDATE</p> <p><i>How do I know if there is a fee associated with an event, an activity or a class?</i></p> <p><i>If there is a fee associated for an event, an activity or a class, a \$ will be next to it on our Monthly Calendar.</i></p>	<p>SENIOR CENTER CLOSED</p>	1	2	
			3	9:30 am Strummers Practice	9:00 am Exercise DVD
			10:00 am Organized Billiards	10:00 am Strength Training DVD	
			10:00 am HOT CHOCOLATE BAR	10:00 am Card Making Class	
			10:30 am Drums Alive Golden Beats \$	10:00 am French Class	
			11:45 am Wellness Checks	11:30 am Exercise with Brian	
			12:00 pm Lunch	1:00 pm Euchre	
			12:30 pm Birthday Cake	6:00 pm GAME NIGHT \$	
			1:00 pm Bingo		
			2:00 pm Knitting Class		
4:00 pm QiGong DVD					
1:00-2:30 pm GCCOA Assistance					
6	7	8	9	10	
9:00 am Lifelong Learning Registration Starts	9:00 am Bid Euchre	9:00 am Exercise DVD 2	9:30 am Strummers Practice	9:00 am Exercise DVD	
9:00 am Exercise DVD 1	9:00 am Walking DVD	9:15 am Billiard Tournament	10:00 am Organized Billiards	10:00 am Strength Training DVD	
10:00 am Strength Training DVD	9:00 am Continuing Tai Chi \$	9:30 am Mah Jong	10:30 am Drums Alive Golden Beats \$	10:00 am French Class	
11:30 am Exercise with Brian	10:00 am Art Class	10:00 am Strength Training DVD	12:00 pm Lunch	10:00 am Family Quest	
1:00 pm Hase - Euchre	10:15 am Beginner Tai Chi \$	10:00 am JOY TRAVEL	1:00 pm Movie	11:30 am Exercise with Brian	
1:30 pm Line Dancing	10:30 am Senior Chair Yoga	11:30 am Exercise with Brian	2:00 pm Knitting Class	1:00 pm Euchre	
1:15 pm Bridge Lessons	12:00 pm Lunch	12:30 pm Bridge	4:00 pm QiGong DVD		
4:00 pm Yoga \$	1:00 pm Organized Billiards	1:00 pm Corn Hole	6 to 7:30 pm LOFINO PLAZA PALOOZA		
	1:30 pm Zumba® Gold \$	2:00 pm Dominos			
		5:30 pm Senior Circuit \$			
13	14	15	16	17	
9:00 am Exercise DVD 1	9:00 am Bid Euchre	9:00 am Exercise DVD 2	9:30 am Strummers Practice	9:00 am Exercise DVD	
9:00 am Red Shirt Guys	9:00 am Walking DVD	9:15 am Billiard Tournament	10:00 am Organized Billiards	10:00 am Strength Training DVD	
10:00 am Strength Training DVD	9:00 am Continuing Tai Chi \$	9:30 am Mah Jong	10:30 am Drums Alive Golden Beats \$	10:00 am French Class	
11:30 am Exercise with Brian	10:00 am Art Class	9:30 am BALANCE ASSESSMENT	11:45 am Wellness/Hearing Checks	11:30 am Exercise with Brian	
12:00 pm Red Hotties	10:15 am Beginner Tai Chi \$	10:00 am Strength Training DVD	12:00 pm Lunch	11:30 am GCCOA LUNCH & LEARN	
1:00 pm Hase - Euchre	10:30 am Senior Chair Yoga	11:30 am Exercise with Brian	1:00 pm Bingo	1:00 pm Euchre	
1:30 pm Line Dancing	12:00 pm Lunch	12:30 pm Bridge	2:00 pm Knitting Class	1:00 pm Warm Up America	
1:15 pm Bridge Lessons	12:00 pm Tech Tips	1:00 pm Corn Hole	4:00 pm QiGong DVD		
4:00 pm Yoga \$	1:00 pm Organized Billiards	2:00 pm Dominos	***1:00-2:30 pm GCCOA Assistance***		
	1:30 pm Zumba® Gold \$	5:30 pm Senior Circuit \$			
20	21	22	23	24	
<p>SENIOR CENTER CLOSED</p>	9:00 am Bid Euchre	9:00 am Exercise DVD 2	<i>9:00 am to 7:00 pm Shredding Day</i>	9:00 Exercise DVD	
	9:00 am Walking DVD	9:15 am Billiard Tournament	9:30 am Strummers Practice	10:00 Strength Training DVD	
	9:00 am Continuing Tai Chi \$	9:30 am Mah Jong	10:00 am Organized Billiards	10:00 French Class	
	10:00 am Bunco	10:00 am Strength Training DVD	10:30 am Drums Alive Golden Beats \$	10:00 am GAME DAY \$	
	10:00 am Art Class	11:30 am Exercise with Brian	12:00 pm Lunch	11:30 Exercise with Brian	
	10:15 am Beginner Tai Chi \$	12:30 pm Bridge	1:00 pm Book Club	1:00 Euchre	
	10:30 am Senior Chair Yoga	1:00 pm Corn Hole	2:00 pm Knitting Class		
	12:00 pm Lunch	2:00 pm Dominos	4:00 pm QiGong DVD		
	1:00 pm Organized Billiards	5:30 pm Senior Circuit \$			
	1:00 pm Garden Group				
1:30 pm Zumba® Gold \$					
27	28	29	30	31	
9:00 am Exercise DVD 1	9:00 am Bid Euchre	9:00 am Exercise DVD 2	9:30 am Strummers Practice	9:00 Exercise DVD	
10:00 am Strength Training DVD	9:00 am Walking DVD	9:15 am Billiard Tournament	10:00 am Organized Billiards	10:00 Strength Training DVD	
10:00 am Military Talk	9:00 am Continuing Tai Chi \$	9:30 am Mah Jong	10:30 am Drums Alive Golden Beats \$	10:00 French Class	
11:30 am Exercise with Brian	10:00 am Art Class	10:00 am Strength Training DVD	12:00 pm Lunch	11:30 Exercise with Brian	
1:00 pm Hase - Euchre	10:15 am Beginner Tai Chi \$	11:30 am Exercise with Brian	2:00 pm Knitting Class	11:30 am LUNCH CHAT WITH DR. CAIN	
1:30 pm Line Dancing	10:30 am Senior Chair Yoga	12:30 pm Bridge	4:00 pm QiGong DVD	1:00 Euchre	
1:15 pm Bridge Lessons	12:00 pm Lunch	1:00 pm Corn Hole			
4:00 pm Yoga \$	12:00 pm Tech Tips	2:00 pm Dominos			
	1:00 pm Organized Billiards	5:30 pm Senior Circuit \$			
	1:30 pm Zumba® Gold \$				