

Evening Yoga

COVID-19 Responsible Restart Guidelines

The City of Beavercreek Parks, Recreation and Culture and our Instructor team is dedicated to making your safety, health and wellness our top priority. We are committed to providing our community with a safe, welcoming workout environment for our in-person classes.

Key Changes

- Class sizes will be limited based upon available space and ability to social distance.
- Social distancing of a minimum of 6 ft. will be maintained the duration of class.
- Public restrooms will be limited to the number of users at any one time.
- Water fountains may be disabled. Participants should bring their own water bottles.
- Anyone that has not registered for class will not be allowed in the facility.
- No shared equipment during class. Must bring your own yoga mat and accessories that you would like to use (i.e. strap, yoga block, pillow blanket, etc.).

Instructors

- Must self-evaluate themselves and their children for COVID-19 symptoms before each class.
- Face coverings are required. Check in, walking around the room, going to the restroom, etc. all require a mask.
- When actively teaching during class, a mask will not be required when able to maintain a social distancing of a minimum of 6 ft. from participants.
- Must thoroughly sanitize hands before and after class at sanitization station.
- Will wipe high-contact surfaces such as doorknobs, light switches, etc. before and after class.
- Ensure social distancing and sanitization guidelines are maintained throughout the duration of class.

Participants

- Must self-evaluate themselves and their children for COVID-19 symptoms before each class and not attend class if they are exhibiting symptoms or have been exposed to COVID-19.
- Must use the sanitization station to thoroughly sanitize hands to check-in and before and after class.
- Face coverings are required. Check in, walking around the room, going to the restroom, etc. all require a mask. Those that are actively participating during class will not be required to wear a facial covering.
- Should not arrive more than 10 minutes prior to class start time.
- Should not congregate in common areas or parking lot before or after class.

Register at: <https://beavercreekoh.myrec.com>



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beavercreekohio.gov

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